

## SERVICES AT A GLANCE:

### Diagnostic Tests

- Endoscopic ultrasound
- Gastroscopy
- Upper & lower GI endoscopy
- Flexible Sigmoidoscopy
- Capsule endoscopy

### Preventive Counseling

- Guidance and counseling advising lifestyle, dietary, environmental changes and fitness regime
- Risk assessment taking into account genetic and non-genetic factors

### Surgical Treatment

- Argon plasma coagulation
- Feeding tubes insertion
- Foreign bodies removal
- Stent placement in oesophagus
- ERCP (Endoscopic retrograde cholangio pancreatography)

## ABOUT QRG HEALTH CITY

QRG Health City is a super speciality hospital committed towards providing exemplary medical care by ethical practices and providing world class services to people of Faridabad and beyond. We at QRG Health City are committed to set a benchmark in quality and affordable healthcare for all, provide comfort and safety to patients and support to their families. This 450 bed hospital has top-of-the-line doctors, state-of-the-art patient-friendly facilities and a large fleet of fully equipped ambulances with life-saving equipment and highly trained medical professionals to handle emergencies.

Offering expertise in Cardiology & Cardiothoracic surgery, Neurosciences, Gastroenterology & Hepatobiliary Science, Minimally Invasive Surgery including Bariatric Surgery, Mother & Child Care, Nephrology & Urosciences, Orthopaedics & Spine, Ophthalmology, ENT & Cochlear Implant, Dental Services, Plastic & Cosmetic Surgery, and Advanced Diagnostics & Critical care and more, we make sure everything is taken care of to help people become healthy both during emergencies and for planned treatment.

### QRG Health City

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INSTITUTE OF  
GASTROENTEROLOGY AND  
HEPATOBIILIARY SCIENCES

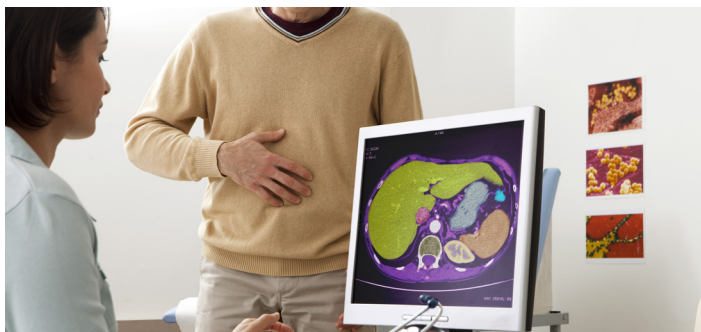
[www.qrgmedicare.com/healthcity](http://www.qrgmedicare.com/healthcity)

Institute of Gastroenterology and Hepatobiliary Sciences including Liver Transplant at QRG Health City gives patients access to the most advanced treatments for medical conditions related to the gastrointestinal tract.

Featuring an expert team of clinical specialists, backed by a dedicated staff of trained nurses and medical technologists, we are well equipped to handle the most complex gastrointestinal and liver diseases. Whether preventive, endoscopy or rehabilitary, the Institute is committed to providing comprehensive and compassionate care.

### EXCELLENCE IN GASTROENTEROLOGY AT QRG HEALTH CITY:

Our committed team, including highly skilled gastroenterologists,



hepatologists and liver & biliary surgeons, is dedicated to and specialized in preventing, diagnosing and treating disorders of the oesophagus, liver, gallbladder, stomach, pancreas, small intestine and colon.

The Institute combines the expertise and skill of specialists with state of the art technology and instrumentation to treat diseases such as Inflammatory Bowel Disease, Oesophageal Cancer, Peptic Ulcers, Colon Cancer, Acute-chronic Gastritis, Dyspepsia and Gallstones among others. The Institute will also provide liver transplant services for critical cases in the near future.

#### Symptoms of oesophageal cancer can include

- Difficulty or pain/burning sensation while swallowing
- Weight loss
- Persistent indigestion
- Chest or back pain usually between the shoulder blades
- Persistent coughing, hoarseness
- Vomiting, coughing blood

#### Symptoms of colon cancer can include

- Change in routine bowel movements such as diarrhea, constipation
- Blood in the stool, rectal bleeding
- Persistent gas, abdominal pain or cramps
- Fatigue, feeling of extreme tiredness
- Weight loss without known cause
- Feeling of bowels not being completely emptied

### SERVICES AND PROCEDURES

#### Diagnostic Tests

Aimed at early detection and accurate diagnosis of stomach, intestine and liver disorders, we conduct several types of examinations to investigate for ulcers, damage to the lining of the oesophagus or stomach, abnormal growths, bowel obstructions, gastroesophageal reflux, hiatal hernia, inflammation or swelling of the Gastrointestinal (GI) tract lining, pre-cancerous cells and sores, benign and malignant tumours. These include gastroscopy, upper and lower (GI) endoscopy and endoscopic ultrasound.

#### Preventive Counseling

Our specialists offer screening and tests for patients at risk for diseases of the stomach, intestine and liver either due to hereditary or other non-genetic factors. These risk assessment services are followed by counseling to advise preventive measures (lifestyle changes, diet, nutrition and exercise) to those predisposed to gastrointestinal and liver conditions.

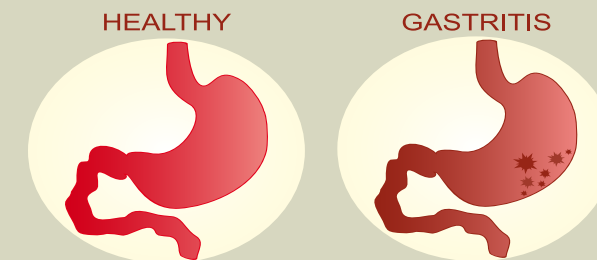
#### Technology & Infrastructure

QRG Health City believes in investing in cutting edge technology as a critical step towards timely detection, diagnosis and treatment of gastrointestinal, liver and biliary diseases. We use a range of sophisticated technologies to support our comprehensive care regime. These include the latest high definition 190 endoscopes for enhanced observation during investigations or surgery and endoscopic ultrasound technology for the highest quality imaging of the GI tract. Argon Plasma Coagulation Equipment is also available for controlling bleeding from Gastrointestinal Lesions. The Institute also boasts of Endoscopic Ultrasound which is a highly advanced diagnostic tool for gastrointestinal diseases.

#### Dedicated Endoscopy Suite

QRG Health City features a dedicated endoscopy suite which is an area dedicated to endoscopy procedures giving patients suffering from gastrointestinal ailments a sense of privacy and ease. This is also more convenient for patients since waiting times are reduced by not having to be transferred from surgery

to recovery rooms. This allows us to handle patient care more efficiently which results in faster recovery time for patients.



QRG Health City, our highly trained physicians, gastroenterologists, surgeons, nurses and technicians together aim to provide the highest quality of treatment and rehabilitation for patients suffering from the most common to the most complex of stomach, liver and intestinal diseases.

We take pride in the quality of services provided by us, such as preventive counselling services and surgical expertise. We provide a caring and comfortable environment for treatment and recovery as well as post-surgical care. Our services are comprehensive involving nutrition and fitness specialists to provide you with a detailed, healthy lifestyle plan to support prevention or treatment.

So take the first step towards a healthier you and seek our expert advice.