ABOUT QRG HEALTH CITY

QRG Health City is a super speciality hospital committed towards providing exemplary medical care by ethical practices and providing world class services to people of Faridabad and beyond. We at QRG Health City are committed to set a benchmark in quality and affordable healthcare for all, provide comfort and safety to patients and support to their families. This 450 bed hospital has top-of-the-line doctors, state-of-the-art patient-friendly facilities and a large fleet of fully equipped ambulances with life-saving equipment and highly trained medical professionals to handle emergencies.

Offering expertise in Cardiology & Cardiothoracic surgery, Neurosciences, Gastroenterology & Hepatobiliary Science, Minimally Invasive Surgery including Bariatric Surgery, Mother & Child Care, Nephrology & Urosciences, Orthopaedics & Spine, Ophthalmology, ENT & Cochlear Implant, Dental Services, Plastic & Cosmetic Surgery, and Advanced Diagnostics & Critical care and more, we make sure everything is taken care of to help people become healthy both during emergencies and for planned treatment.

Minimally Invasive Surgery
- Anti-reflux surgery
- Appendix surgery
- Colectomy
- Gall bladder surgery
- Hernia repair
- Hemorrhoid surgery
- Pancreatic Surgery
- Splenectomy
- Adrenalectomy
- Surgeries for prolapse of Rectum/ Uterus
- Surgeries for lung diseases/ cancers (advanced VATS)
- Lap surgeries for food pipe cancers

Bariatric Surgery
- Gastric bypass
- Sleeve Gastrectomy

QRG Health City
Plot No.1, Sector-16, Faridabad-121002 (Haryana)
Phone: 0129 - 4330000
Website: qrgmedicare.com/healthcity
Regd. Office: 904, 9th Floor, Surya Kiran Building, K.G. Marg, Connaught Place, New Delhi-110 001 (INDIA).
CIN: U74999DL2010PLC205776
Join us on Facebook at: www.facebook.com/QRGHealthCity

Institute of Minimal Invasive Surgery including Bariatric Surgery
www.qrgmedicare.com/healthcity
Institute of Minimal Invasive Surgery including Bariatric Surgery at QRG Health City comprises highly qualified surgeons supported by a range of state of the art technologies to perform a variety of sophisticated and intricate minimally invasive procedures.

Minimally invasive surgery involves using instruments specifically designed to perform the procedure through a small incision in the body rather than a large opening. A long and thin surgical instrument with a miniscule video camera attached is used for surgeons to be able to operate through the tiny incision. This kind of procedure offers many benefits to patients including reduced blood loss, minimal tissue damage/scarring, lowered need for pain medication and faster recovery and rehabilitation time.

**EXCELLENCE IN MINIMALLY INVASIVE SURGERY AT QRG HEALTH CITY:**

This full-fledged healthcare centre specializes in the examination, diagnosis and surgical procedures for a variety of disorders using minimally invasive techniques. Some of these procedures include Anti-reflux surgery, Colectomy, Gallbladder surgery, Hernia repair and Appendix surgery.

Backed by advanced medical equipment and instruments, the Department is fully capable of providing comprehensive care for medical conditions such as Gastroesophageal Reflux Disease, Haemorrhoids, Hernias and complex GI surgeries. We use the highest quality imaging systems and surgical instruments that enable our surgeons to perform intricate and complex procedures that cause least patient trauma.

### Symptoms of a hernia can include
- Obvious swelling under skin, abdomen or groin
- Heavy feeling in abdomen
- Constipation
- Discomfort in the abdomen or groin while bending over and lifting

### Symptoms of Haemorrhoids (Piles)
- Bleeding per Anum (Symptoms of Haemorrhoids)
- Difficulty in passing stool

**Patient coming with pain in abdomen**
- Gall bladder disease
- Appendicitis
- Pancreatitis
- Gastro esophageal reflux disease
- Obstruction
- Perforation Peritonitis

**Anti-Reflux Surgery:** Laparoscopic surgery offers a safe and less traumatic option to strengthen the lower oesophageal sphincter muscle and prevent food or stomach acids to flow back up into the oesophagus.

**Colectomy:** Removal of part of the whole of the colon to treat diseases such as cancer, polyps, irritable bowel disease, blockage and bleeding, diverticulitis, rectal prolapse and volvulus.

Gall Bladder Surgery: Gallstones can cause blockages in the bile duct. Surgical removal of the gall bladder is the most common way to treat gallstones.

**Hernia Repair:** Minimally invasive surgery is especially useful in the case of a double inguinal hernia where a patient has a hernia on either side of the abdomen.

**Appendix Surgery:** In the case of appendicitis, the appendix can be surgically removed through miniscule incisions in the abdomen.

**Hemorrhoid Surgery:** Hemorrhoids are clusters of veins under the skin of the anus. When these become enlarged or inflamed, they can cause bleeding from the rectum. Minimally invasive techniques can be recommended to treat especially internal hemorrhoids.

**Bariatric Surgery:** Weight loss surgery includes procedures for patients suffering from obesity including Gastric Bypass and Sleeve Gastrectomy. This also helps in management of Diabetes mellitus.

**TECHNOLOGY & INFRASTRUCTURE**

QRG Central Hospital uses an array of cutting edge technologies to support the diagnostic and treatment regime required by minimally invasive surgery procedures. We use high quality laparoscopes to provide improved image resolution during these intricate surgeries. Miniature surgical instruments including forceps, scissors, retractors and trocars used are specially designed for minimally invasive surgery. Our high quality body fat analyzers accurately measure body fat content.

**CLOSING SECTION**

At QRG Central Hospital, our extremely competent physicians and laparoscopic surgeons backed by well trained and professional nursing staff and medical technologists together provide a range of minimally invasive surgical treatments for a variety of disorders.

We pride ourselves on our level of surgical expertise, our high end technical systems as well as an entire support staff of nutritionists and fitness specialists. Together, we give our patients access to holistic treatment involving not only diagnosis and surgery but follow up care supported by a healthy lifestyle plan. Our team will additionally provide you with complete post surgery support with a chart indicating precautions, check up schedules, diet and exercise in order to keep you in the best of health.

So take the first step towards a healthier you and seek our expert advice.