

SERVICES AT A GLANCE:

Preventive Medicine

- Check-ups and screenings
- Health packages for all age groups
- Immunizations and boosters
- Recommendations for diet, nutrition, exercise

Internal Disorder Management

- Treatment for respiratory infections, diabetes, hypertension, high cholesterol, influenza, migraine, osteoarthritis, etc.

Critical/Emergency Care

- 24 hour emergency services
- Intensive care for critically ill patients

ABOUT QRG HEALTH CITY

QRG Health City is a super speciality hospital committed towards providing exemplary medical care by ethical practices and providing world class services to people of Faridabad and beyond. We at QRG Health City are committed to set a benchmark in quality and affordable healthcare for all, provide comfort and safety to patients and support to their families. This 450 bed hospital has top-of-the-line doctors, state-of-the-art patient-friendly facilities and a large fleet of fully equipped ambulances with life-saving equipment and highly trained medical professionals to handle emergencies.

Offering expertise in Cardiology & Cardiothoracic surgery, Neurosciences, Gastroenterology & Hepatobiliary Science, Minimally Invasive Surgery including Bariatric Surgery, Mother & Child Care, Nephrology & Urosciences, Orthopaedics & Spine, Ophthalmology, ENT & Cochlear Implant, Dental Services, Plastic & Cosmetic Surgery, and Advanced Diagnostics & Critical care and more, we make sure everything is taken care of to help people become healthy both during emergencies and for planned treatment.

QRG Health City

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From Prevention to Treatment,
We Take Care of All Your Needs.



INSTITUTE OF INTERNAL
MEDICINE

www.qrgmedicare.com/healthcity

The Institute of Internal Medicine at QRG Health City treats a range of disorders affecting internal organs such as the heart, lungs, GI tract, kidneys, urinary tract, the brain and spinal column, nerves, muscles and joints in adults.

Our internists are trained to detect and treat patients with chronic disorders such as diabetes, high blood pressure and cancer, which affect many internal organs. We also treat painful rheumatic conditions and diseases of the endocrine system. We are committed to the prevention, diagnosis and management of adult diseases.

EXCELLENCE IN INTERNAL MEDICINE AT QRG HEALTH CITY:

Experienced physicians at the Institute of Internal Medicine treat a variety of conditions ranging from the common cold, fever,



headaches, diarrhoea, stomach or abdominal pain, diabetes, rheumatic diseases, hypertension and Infectious Diseases – Malaria, Dengue, Typhoid, etc.

Our medical ICU is fully equipped to care for critically ill patients suffering from haemotological disorders, poisoning and infectious diseases including HIV/AIDS. We provide 24 hour emergency services and are always prepared to handle a critical case at a moment's notice.

With a focus on preventive health, we offer immunization facilities and cover all aspects of preventive medicine, providing health packages for all age groups. Our cutting edge diagnostic equipment aid us in timely detection and prevention of diseases.

Symptoms of uncontrolled high blood pressure can include

- Fatigue
- Breathing trouble
- Headache, lightheadedness
- Excessive sweating
- Disoriented feeling, confusion
- Problem with the vision
- Nausea

Symptoms of uncontrolled diabetes can include

- Problems in bowels and bladder – infections, constipation, diarrhea
- Sensory loss – hearing, vision
- Oral problems, V cavities, bleeding gums
- Dry and itchy skin
- Tingling and numbness or pain in hands and feet
- Leg aches and cramps
- Dizziness, lightheadedness

SERVICES AND PROCEDURES

Preventive Medicine

We provide immunizations and boosters to prevent known diseases. Our physicians recommend regular check-ups and screenings to identify risk factors for certain diseases. We provide recommendations in terms of diet, nutrition and exercise for a balanced and healthy lifestyle. Comprehensive health check-up packages for all age groups are offered to encourage regular testing and timely detection of diseases.

Internal Disorder Management

Our physicians from various sub-specialties treat a host of disorders including respiratory infections, diabetes, hypertension and high cholesterol, influenza, migraine, osteoarthritis, rheumatoid arthritis, etc.

Critical Care

Our multidisciplinary team is equipped to provide intensive care for a broad spectrum of illnesses including highly infectious diseases such as AIDS & HIV and haematological disorders in critically ill patients. QRG Health City has 24-hour ambulatory and medical services for handling casualties. We are capable of dealing with any emergency including trauma, poisoning and other cardiac, renal, gastrointestinal and neurological emergencies.

Technology & Infrastructure

We use next generation equipment for imaging, screening and a variety of investigations that enable clear visualization of internal organs and enhanced observation for speedy and precise diagnosis of ailments. Our Medical Intensive Care Unit (ICU) is fully equipped with all the necessary monitoring and support equipment to care for critically ill patients with severe and life threatening illnesses such as trauma and multiple organ failure. The ICU is staffed with specialists and nurses specially trained for critical care.

Technology & Infrastructure

QRG Health City believes in cutting edge technology to aid in early detection and prevention of bone, joints and spine disease as well as for surgical treatment options. We use the best quality material for our prosthetic implants to ensure successful results of replacement surgeries. Our sophisticated high definition arthroscopy endovision system provides surgeons with high quality images for improved observation during minimally invasive procedures. We have a sterilized modular operation theatre that integrates all the necessary instrumentation to ensure smooth and efficient surgeries.

CLOSING SECTION

QRG Health City's Institute of Internal Medicine features



specialists from multiple disciplines and medical specialties to treat a wide range of diseases from the common cold to critical illnesses.

Highly qualified physicians, well-trained nursing staff and competent technologists supported by advanced technological infrastructure give you the best treatment options possible. Our holistic care program not only includes medical treatment, but also recommendations on lifestyle (nutrition and fitness) and environmental changes with the aim of preventing diseases and enabling our patients to live a happy & healthy life.

So take the first step towards a healthier you and seek our expert advice.